

GINGRAS, Jacqui, PhD, RD

Assistant Professor

Kerr Hall South 349-E, School of Nutrition

Ryerson University, Toronto, ON, M5B 2K3

Full-time Faculty Member of Undergraduate and Graduate Program

DEGREES:

2006 PhD, Education, Curriculum & Instruction, University of British Columbia

1998 MSc, Nutrition & Metabolism, University of Alberta

1995 BSc, Dietetics, University of British Columbia

EMPLOYMENT HISTORY:

2006 - Assistant Professor, Ryerson University, Toronto, ON

1997 - President, Deliciosa! Nutrition Counseling, Toronto, ON

2005 - 2006 Executive Director, Jessie's Hope Society, Maple Ridge, BC

1999 - 2005 Sessional Instructor, Department of Food, Nutrition & Health, UBC

2001 - 2002 Problem-Based Learning Trainer, Dept. of Food, Nutrition & Health, UBC

2001 Instructor, Dept. of Food and Nutrition, Langara College, Vancouver, BC

1999 - 2000 Community Dietitian, Healthy Attitudes Program, Vancouver, BC

1998 - 2000 Health Educator, Health, Counselling & Career Centre, SFU, Burnaby, BC

HONOURS:

2009 Ryerson University Teaching Award

2006 Ted T. Aoki Prize (Outstanding PhD Dissertation in Curriculum Studies)

2005 Killam Memorial Doctoral Fellowship

2004 Social Sciences & Humanities Research Council Doctoral Fellowship

2004 Killam Memorial Doctoral Fellowship

2004 Killam Travel Award

2003 Mentor of the Year, Faculty of Agricultural Sciences, UBC

2002 Danone Scholarship for Nutrition Education & Communication

1997 Elizabeth R. MacEachran Scholarship, University of Alberta

SCHOLARLY AND PROFESSIONAL ACTIVITIES:

2009 - Chair, Dietitians of Canada Dietetic Educators Network

2009 - Member, Interprofessional Education Committee, Faculty of Community Services

2008 Instructional Skills Workshop Certification (3-Day Intensive)

2008 - Member, SRC Committee, Faculty of Community Services, Ryerson University

2008 - Member, Int. Steering Committee, Partnership for Dietetics Education & Practice

2008 - Vice-Chair, Inter-Health Sciences Council for Faculty Development

- 2007 - Associate, Centre for the Advancement of the Scholarship of Teaching & Learning, Faculty of Community Services, Ryerson University
- 2007 - Faculty Member, Master of Professional Communication, Department of Professional Communication, Faculty of Communication and Design
- 2006 - Member, Awards Committee, School of Nutrition, Ryerson University
- 2006 - Member, Carnegie Academy for the Scholarship of Teaching and Learning
- 2006 - Member, Advisory Committee for Professional Affairs, Dietitians of Canada
- 2006 - Member, Faculty of Community Services, Learning & Teaching Committee
- 2006 - Reviewer, Journal of Applied Research on Learning
- 2006 - Reviewer, Journal of Agricultural and Environmental Ethics
- 2003 - 2004 Chair, Faculty of Education Interdisciplinary Committee, UBC
- 2002 - Reviewer, Canadian Foundation for Dietetic Research
- 2000 - Reviewer, Canadian Journal of Dietetic Practice and Research

GRADUATE SUPERVISIONS

- Completed: 2 MHS (Nutrition Communication)
Yuka Asada, September 2008 – August 2009 (major research paper)
Alexandra Murphy, September 2008 – August 2009 (practicum)
- Completed: 2 MHS (Nutrition Communication)
Elizabeth McPhee (MHS), September 2007 to August 2008 (practicum)
Jill Harris (MHS), September 2007 to August 2008 (practicum)

GRADUATE COURSES

- 2007 - NC 8103: Social Dimensions of Nutrition Communication (Course Co-Developer)
- 2007 - NC 8104: Nutrition Communication Graduate Seminar

UNDERGRADUATE COURSES:

- 2007 - FNP 200: Interpersonal Relationships (Course Coordinator)
- 2007 - FNP 500: Advances in Professional Practice (Course Developer)
- 2006 - FNP 100: Introduction to Professional Practice (Coordinator, Writing Skills)

PROFESSIONAL AFFILIATIONS:

- 2006 - College of Dietitians of Ontario
- 1997 - Dietitians of Canada
- 1998 - 2006 British Columbia College of Dietitians
- 2001 - 2005 Dietitians of Canada, Skills & Practice Media Registry
- 2000 - 2003 Eating Disorder Education Network
- 2000 - 2002 Chair, Awareness & Networking Around Disordered Eating
- 2001 - 2002 Canadian Coalition to End Disordered Eating

EXTERNAL RESEARCH FUNDING

Year	Source	Amount
2009	Canadian Foundation for Dietetic Research (PI) Title: Exploring the Process of Becoming a Dietitian during the First Years of Practice Co-Investigators: Debbie MacLellan, PhD, RD & Daphne Lordly, RD Status: Awarded	\$15,000
2009	SSHRC Standard Research Grant (PI) Title: Prevalence and Lived Experience of Burnout among Canadian Dietitians Co-Investigator: Janice Waddell, PhD, RN Status: Recommended for funding, but not supported for lack of funds (4A)	\$90,555
2009	SSHRC Aid to Research Workshops and Conferences in Canada (PI) Title: Beyond Nutritionism: Rescuing Dietetics through Critical Dialogue Status: Awarded	\$21,774
2008	Higher Education Quality Council of Ontario (PI) Title: High-Stakes Learning: Improving Educational Quality through Learning Groups for "At-Risk" Students Co-Investigator: Reed Hilton-Eddy, MEd Status: Awarded	\$16,814
2008	SSHRC Standard Research Grant (PI) Title: Prevalence and Phenomenology of Burnout among Canadian Dietitians Co-Investigator: Janice Waddell, PhD, RN Status: Recommended for funding, but not supported for lack of funds (4A)	\$92,485

INTERNAL RESEARCH FUNDING

Year	Source	Amount
2009	Ryerson Internal SSHRC Funding (PI) Title: Incentive Funding for SSHRC 4A	\$5,000
2009	Faculty of Community Services Seed Grant (PI) Title: The Lived Experiences of University/College Students with Type 1 Diabetes	\$4,000
2009	Summer 2009 Academic Research Assistance Program (PI) Title: Student Experiences of Participating in Scholarship of Teaching & Learning	\$8,000
2008	Faculty of Community Services Publication Support	\$1,500
2008	Fall 2008/Winter 2009 Academic Research Assistance Program (PI) Title: Prevalence and Lived Experience of Burnout among Ontario Dietitians	\$4,000
2008	Ryerson Internal SSHRC Funding (PI) Title: Incentive Funding for SSHRC 4A	\$5,000
2008	Ryerson SSHRC Institutional Grant (PI) Title: Prevalence and Phenomenology of Burnout among Ontario Dietitians	\$7,000
2007	Learning & Teaching Seed Grant (PI) Title: Storytelling Social Theory as a Means for Enhancing Professional Practice in Nutrition & Food	\$2,750
2007	Fall 2007/Winter 2008 Academic Research Assistance Program (PI) Title: Relational-Cultural Approaches to Nutrition Counselling	\$4,000

2007	Ryerson New Faculty Grant (PI) Title: Evaluation of the Loving Yourself Girls Project: A Community-Based Initiative to Prevent Eating & Weight Disturbances in Children & Youth	\$10,000
2006	Learning & Teaching Seed Grant (PI) Title: To Please and To Educate: Scholarly Salons as a Site for Enhanced Nutrition Student Engagement and Communities of Teaching & Learning	\$5,000
2006	SIRS Publication Support	\$2,000
2006	Learning & Teaching Travel Grant Title: Health Professions Educational Research Symposium, Nova South Eastern University, Fort Lauderdale, Florida	\$1,500
2006	SIRS Opportunity Grant (PI) Title: Coming & Going: Exploring First- and Fourth-Year Nutrition and Food Students' Experiences	\$1,000
2006	Digital Media Project Technology & Teaching Project Award Title: Storytelling Social Theory as a Means for Enhancing Nutrition and Food Education and Practice	\$1,000

PUBLICATIONS

Summary

Books authored.....	1
Books edited	0
Chapters in books	7
<i>Accepted with revisions</i>	1
<i>In press</i>	3
<i>Published</i>	3
Papers in refereed journals.....	22
<i>Submitted for review</i>	5
<i>Accepted</i>	2
<i>In press</i>	1
<i>Published</i>	14
Papers in refereed conference proceedings.....	1
Technical reports	1
Poetry.....	2
Abstracts and/or papers read.....	4
Other non-refereed publications.....	3
Conference presentations	27
Invited lectures	15

Books authored

Gingras, J. R. (2009). *Longing for recognition: The joys, contradictions, and complexities of practicing dietetics*. York, UK: Raw Nerve Books.

Chapters in books

- Gingras, J. R., & Aphramor, L. (accepted with revisions). Empowerment, compliance, and the ethical subject in dietetic practice. In R. Harris, N. Wathen, & S. Wyatt (Eds.), *Critical perspectives on 'empowerment' in health care: The promotion of self-sufficiency*.
- Aphramor, L., & Gingras, J. R. (in press). Tracing the dietetics positivist enterprise: The ethics of obfuscating the social in maternal nutritional health. In M. Unnithan-Kumar (Ed.), *Fatness, food and childbearing: cultural perspectives on the body, nutrition and reproductive practices*. Oxford: Berghahn Books.
- Aphramor, L. & Gingras, J. R. (in press). Helping people change: Promoting politicised practice in the healthcare professions. In E. Rich, L. Monaghan, & L. Aphramor (Eds.), *Expanding the obesity debate*. London: Palgrave.
- Aphramor, L., & Gingras, J. R. (in press – Nov 2009). That remains to be said: Disappeared feminist discourses on fat in dietetic theory and practice. In E. D. Rothblum & S. Solovay (Eds.), *Fat studies reader*. New York: New York University Press.
- Aphramor, L., & Gingras, J. R. (2008). Sustaining imbalance: Evidence of neglect in the pursuit of nutritional health. In Editors: S. Riley, M. Burns, H. Frith, S. Wiggins, & P. Markula (Eds.), *Critical bodies: representations, practices and identities of weight and body management* (pp. 155-174). London: Palgrave.
- Gingras, J. R. (2004). Like cold water or a kiss: Reflections on transformative teachings. In G. Smith, M. L. deZwart, & L. Peterat (Eds.), *Home economics now: Transformative practice, ecology, and everyday life, a tribute to the scholarship of Eleanore Vaines* (pp. 67-75). Vancouver, BC: Pacific Educational Press.
- Ball, G. D. C., & Gingras, J. R. (2000). Obesity. In *The Manual of Clinical Dietetics*, 6th Edition. Chicago, IL: American Dietetic Association & Dietitians of Canada.

Papers in refereed journals:

- Mendes, W., Gingras, J., Robinson, P., & Waddell, J. (submitted for review). Community-university research partnerships: What role do university research centres play? *Canadian Journal of Higher Education*.
- Gingras, J., de Jonge, L., Purdy, N., & Waddell, J. (submitted for review). Prevalence of dietitian burnout. *Journal of Human Nutrition and Dietetics*.
- Gingras, J. (submitted for review). To please and to educate: Scholarly salons as a site for communities of learning in dietetics. *Journal for Faculty Development*.
- Atkins, J., & Gingras, J. (submitted for review). Mapping resiliency: An arts-based, experiential exploration of resiliency among dietetic professionals. *Human Relations*.
- Gingras, J. (submitted for review). The poetics of vulnerability: Completing the auto-fictive circle in health profession education. *Journal of Transformative Education*.
- Gingras, J. (accepted with revisions). The educational (im)possibility for dietetics: A poststructural discourse analysis. *Learning Inquiry*.

- Gingras, J., & Brady, J. (accepted with revisions). To be Other: Relational consequences of dietitians feeding bodily difference. *Radical Psychology*.
- Atkins, J., & Gingras, J. R. (in press – October 2009). Coming and going: Exploring first and final year nutrition students' experiences of their education. *Canadian Journal of Dietetic Practice and Research*.
- Robinson, P., Gingras, J., Cooper, L., Waddell, J., Davidge, E. (2009). SoTL's watershed moment: A critical turning point for Ryerson University. *Transformative Dialogues: Teaching and Learning Journal*, 3(1). [Available: http://kwantlen.ca/TD/TD.3.1/TD.3.1.6_Ryerson_SoTL%E2%80%99s_Watershed_Moment.pdf]
- Gingras, J. (2008). Sacra conversazione—A tender dialectic invoking an arts practice-based autoethnography to bridge language and silence in dietetics. *Educational Insights*, 12(2). [Available: <http://www.ccfi.educ.ubc.ca/publication/insights/v12n02/articles/gingras/index.html>]
- Gingras, J. R., & Tiro, L. (2008). Mandarin peelings and Lola's Tinola: exploring subjectivity and belonging through cultural food narratives. *Food, Culture & Society*, 11(3), 375-400.
- Gingras, J. R. (2008). The vulnerable learner: moving from middle to margin in dietetic education. *Transformative Dialogues: Teaching and Learning Journal*, 1(3). [Available: http://kwantlen.ca/TD/TD.1.3/TD.1.3_Gingras_Vulnerable_Learner.htm]
- Gingras, J. R. (2006). Throwing their weight around: Canadians take on health at every size. *Health at Every Size Journal*, 19(4), 195-206.
- Gingras, J. R. (2005). The defeat of imagination: repressive codes governing our media. *Feminist Media Studies*, 5(2), 255-257.
- Gingras, J. R. (2005). Evoking trust in the nutrition counselor: why should we be trusted? *Journal of Agricultural and Environmental Ethics*, 18, 57-74.
- Gingras, J. R., Fitzpatrick, J., & McCargar, L. J. (2004). Body image of chronic dieters: Lowered appearance evaluation and body satisfaction. *Journal of the American Dietetic Association*, 104(10), 1589-1592.
- Bryson, M., Smith, A., Kaminski, J., & Gingras, J. (2003). Turning of a prism: Readers' response to "Kiss of the Fur Queen." *Educational Insights*, 8(1). [Available: <http://www.ccfi.educ.ubc.ca/publication/insights/v08n01/readersresponse/bryson/index.html>]
- The 2am Collective (2002). She tries her tongue: a blueprint for women's collaborative writing. *Educational Insights*, 7(2). [Available: <http://www.csci.educ.ubc.ca/publication/insights/v07n02/contextualexplorations/dunlop/poems.html>]
- Gingras, J. R., Harber, V., Field, C., & McCargar, L. (2000). Metabolic assessment of female chronic dieters with either a normal or a low resting energy expenditure. *American Journal of Clinical Nutrition*, 71, 1413-1420.

Ball, G. D. C., Gingras, J. R., Fimrite, A., Villettard, K., Kayman, S., & McCargar, L. J. (1999). Weight relapsers, maintainers and controls: Metabolic and behavioural differences. *Canadian Journal of Applied Physiology*, 24, 548-558.

Gingras, J. R. (1998). Body image dissatisfaction: A framework for development and recommendations for dietitians. *Canadian Journal of Dietetic Practice and Research*, 59, 132-137.

Gingras, J. R. (1997). Home economics – Strength in new directions. *Journal of Home Economics Education*, 35(1), 4-5.

Papers in refereed conference proceedings

Gingras, J. R. (2003). Towards a critical nutrition pedagogy in undergraduate dietetic education. In M. L. de Zwart (Ed.), *Proceedings of Canadian Symposium VII: Issues & Directions in Home Economics/Family Studies Education*.

Technical reports

Gingras, J. R. (2001). *Toxic playground: understanding the environmental influences that increase the risk of childhood weight disturbance & recommendations for prevention*. A discussion paper prepared on behalf of the Fraser Health Authority, Burnaby, BC.

Poetry

Gingras, J. R. (2008). Wondering & Home favourite. *arts-informed*, 6(2), 4-6.

Gingras, J. R. (2003). If not I? *Practice*, 21, 7.

Abstracts (refereed)

Gingras, J. R. (2007). Longing for recognition: the passion and melancholia of performing dietitian. *Internet Journal of Allied Health Sciences and Practice*, Nova South Eastern University, Fort Lauderdale, Florida.

McCargar, L. J., & Gingras, J. R. (1999). Dietary restraint and body image of female chronic dieters differing in resting metabolic rate. *North American Association for the Study of Obesity*.

McCargar, L., Ball, G., & Gingras, J. R. (1998). Physiological and behavioural differences between weight regainers, maintainers, and controls. *Canadian Federation of Biological Societies*, Edmonton, AB.

Gingras, J. R., McCargar, L., & Harber, V. (1998). Metabolism and body image of female chronic dieters. *Federation of American Societies for Experimental Biology*, San Francisco, CA.

Non-refereed publications

- Gingras, J. R. (2007). Giving voice to my own astonishment. *Canadian Creative Arts in Health, Training and Education Journal* 5, 12.
- Gingras, J., & Aphramor, L. (2007). Letter to the editor. *Journal of Human Nutrition and Dietetics*, 20(2), 132–133.
- Gingras, J. (2006). *Unkept: promises, secrets, and perils within dietetic education and practice*. Unpublished Dissertation, University of British Columbia, Vancouver, BC.

Conference presentations

- Gingras, J., & Atkins, J. (2009). Mapping resiliency among dietitians. *Canadian Foundation for Dietetic Research*, Charlottetown, PEI.
- Robinson, P., Gingras, J., Cooper, L., Waddell, J., & Davidge, E. (2009). SoTL's watershed moment: A critical turning point for Ryerson University. *18th Annual Ryerson Learning and Teaching Conference*, Ryerson University, Toronto.
- Aphramor, L., & Gingras, J. (2008). Obesity and the epidemic of misinformation. What seems to be the problem and how can dietitians collaborate for effective intervention? *15th International Congress of Dietetics*, Yokohama, Japan.
- Atkins, J., & Gingras, J. (2008). Coming and going: Exploring first- and fourth-year nutrition students' experience of their education. *Canadian Foundation for Dietetic Research*, Vancouver, BC.
- Berman, R., Gingras, J. R., Malone, M., McCay, B., Rocha, C., & Springer, J. (2008). Can community-university research partnerships make a difference? Reflections from research centres in the Faculty of Community Services. *17th Annual Ryerson Learning and Teaching Conference*, Ryerson University, Toronto.
- Atkins, J., Brady, J., de Jonge, L., Fleming, L., Farrell, A., & Gingras, J. R. (2008). Inspiring sustainable team work through re/generative dialogue. *17th Annual Ryerson Learning and Teaching Conference*, Ryerson University, Toronto.
- Wong, S., Gingras, J., & Brogden, L. M. (2008). Narrative pacts, friendships, and fictions with/in the academy. *Narrative Matters – Storying Our World*, Toronto, ON. [abstract accepted, but final paper not presented]
- Robinson, P., Gingras, J., & Atkins, J. (2008). "Letting ourselves go:" Discovering the politics of student-centred, salon-infused narratives. *Narrative Matters – Storying Our World*, Toronto, ON.
- Dadey, K., & Gingras, J. R. (2008). The art of storytelling: Students enhancing their nutrition practice through life writing. *Faculty of Community Services SRC Poster Event*, Toronto, ON.
- de Jonge, L., Gingras, J. R., Johnston, G., Maiorano, T., & Smith, D. (2007). The disruptive capacity of students telling (their) stories. *McGraw-Hill Ryerson University Conference*, Toronto, ON.

- Gingras, J. R. (2007). Loving Yourself Girls Project: building community capacity for the prevention of eating and weight disturbance issues. *19th International Union for Health Promotion and Education World Conference*, Vancouver, BC.
- Gingras, J. R. (2007). Body fat on trial: implications of a guilty verdict despite compelling evidence. *19th International Union for Health Promotion and Education World Conference*, Vancouver, BC.
- Gingras, J. R. (2007). Towards a renewed ethics of health communication: situating healthism in health profession education. *19th International Union for Health Promotion and Education World Conference*, Vancouver, BC.
- Cuddy, A., Gingras, J., Buscher, L., & Israel, N. (2007). Internationally educated dietitians provide insight into intercultural sensitivity for dietetic practice. *Canadian Foundation for Dietetic Research*, Vancouver, BC.
- Gingras, J. R. (2007). Unkept: promises, secrets, and perils within dietetic education and practice. *Canadian Foundation for Dietetic Research*, Vancouver, BC.
- Gingras, J. R. (2007). This could be: the possibility for autoethnographic fiction. *Third International Congress of Qualitative Research*, Urbana-Champaign, Illinois.
- Gingras, J. R., & Atkins, J. (2007). Acting like a researcher: using simulation to prepare research assistants for research conversations with Nutrition students. *16th Annual Ryerson Learning and Teaching Conference*, Ryerson University, Toronto.
- Gingras, J. R. (2006). Unkept: autoethnographic fiction as a means for generating and sharing relationally complicated knowledges. *Teaching and Learning Conference*, UBC-Okanagan, Kelowna, BC.
- Gingras, J. R., & Tiro, L. (2005). Cultural food narratives, languages of intimacy. *Food Studies Institute*, Faculty of Education, UBC, Vancouver, BC.
- Gingras, J. R., & Tiro, L. (2005). "Perhaps this tastes like mercy:" Student/teacher conversations on food, identity, and belonging. *Investigating Our Practices*, Faculty of Education, UBC, Vancouver, BC.
- Gingras, J. R., Tiro, L. (2005). Mandarin peelings & Lola's Tinola: Exploring identity & belonging through cultural food narratives. *Provoking Curriculum: Trans/forming Narrative(s) Conference*, Victoria, BC.
- Gingras, J. R. (2005). "The Scientist:" The music of Coldplay talks back to identity politics in the health professions. *International Interdisciplinary Advances in Qualitative Methods*, Edmonton, AB.
- Gingras, J. R. (2005). Relational inquiry: Can data collection be relational? *International Interdisciplinary Advances in Qualitative Methods*, Edmonton, AB.
- Gingras, J. R. (2003). Like cold water or a kiss: Reflections on transformative teachings. *Vaines Symposium*, Vancouver, BC.

- Gingras, J. R., Darts, D., Higgins, C., Smith, A., Radford, B., Purru, K. (2003). Collaborative re/constructions for transformation in higher education. *Society for Teaching and Learning Conference*, UBC, Vancouver, BC.
- Gingras, J. R. (2003). Towards a critical nutrition pedagogy. *Expanding Paradigms: What is Education Anyway?* York University, Toronto, ON.
- Gingras, J. R. (2002). Trans-generational communication. *UBC Teaching and Learning Conference*, Vancouver, BC.

Invited lectures

- Gingras, J., Schwind, J., & Johnson, G. (2009). Are stories innovative? Narrative approaches to enhancing student learning – A roundtable discussion. *18th Annual Ryerson Learning and Teaching Conference*, Ryerson University, Toronto.
- Britnell, J., Cooper, L., Gingras, J. R., McCarthy, C., Robinson, P., Swart, B., & Waddell, J. (2009). *Positioning for success in academia through the scholarship of teaching and learning*. Faculty of Community Services, Ryerson University, Toronto, ON
- Gingras, J. R. (2009). *The accidental politics of the scholarship of teaching and learning*. Master's of Nursing Leadership Seminar, School of Nursing, Ryerson University, Toronto, ON.
- Gingras, J. R. (2008). *Storying your teaching philosophy: a narrative approach*. Master's of Nursing Leadership Seminar, School of Nursing, Ryerson University, Toronto, ON.
- Gingras, J. R. (2007). *The art of storytelling as an ethical resource in dietetics*. MHSc Community Nutrition Program, Department of Nutritional Sciences, University of Toronto, Toronto, ON.
- Gingras, J. R. (2007). *Engaging the autoethnographic impulse*. Faculty of Community Services, Ryerson University, Toronto, ON
- Gingras, J. R. (2007). *Relational/cultural nutrition therapy: acknowledging relational strengths and challenges*. Centre for Student Development & Counselling and Health Services, Ryerson University, Toronto, ON.
- Gingras, J. R. (2006). *Reframing weight and health*. Provincial Health Services Authority, (video-conference). Vancouver, BC.
- Gingras, J. R. (2006). *Relationality as a means for enhancing nutrition counselling practice*. Interior Health Authority, Kelowna, BC.
- Gingras, J. R. (2005). *Nutrition in recovery from drug & alcohol use*. Avalon Recovery Society, Vancouver & North Vancouver, BC.
- Gingras, J. R. (2004). *The ethics of size acceptance*. Senior Undergraduates, Food, Nutrition & Health, UBC.
- Gingras, J. R. (2004). *Size acceptance: public health salvation or reckless oxymoron?* Sr. Undergraduates, Department of Human Kinetics, UBC.

Gingras, J. R. (2003). *Nutrition therapy: healing food & weight issues in a relational-cultural context*. Jewish Family Services Agency, Vancouver, BC.

Gingras, J. R. (2003). *Childhood weight disturbance: what's a parent to do?* Pinetree Community Centre, Coquitlam, BC.

Gingras, J. R., & Dias, K. (2001). *Consuming identities: young women, eating disorders and the media*. BC Centre of Excellence for Women's Health, Vancouver, BC.

Updated: August 12, 2009